



We are looking for Aboriginal people interested in completing a course in fitness. You don't have to be a fanatic that can run marathons; you just have to be ready to improve your own fitness and be prepared to assist others to improve as well.

**Information and registration session: Thursday February 9, 10am – 12.30pm @ AWAHS.
Course starting: late February 2012**



Community Services
& Health
FITNESS & RECREATION



For further or to enrol info contact:

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Kelly Goldsworthy	02 6024 7599
Pettina Love	02 6055 6638

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**Better Your Health
& Fitness !**