

Community Services and Health short courses 2010

Issued February 2010

Allied health

Develop a recreation program for older adults

SRCCR0009B*

This course is for people currently working in the industry as an assistant in nursing, a rehabilitation or an allied health assistant, an activities coordinator, or a home and community care, aged care, or disability worker. Learn about how to design and develop a recreation/exercise program for older adults in a simulated setting.

Entry requirement

> Pre-requisite unit of competency is SCCR0007B* Operate in accordance with accepted instructional practices, styles, and legal and ethical responsibilities.

Dates Thursdays, 25 February-18 March 2010 (4 sessions)

Times 1pm-4pm

Cost \$232

Podiatry

HLTAH406A*

Learn how to assist a podiatrist with the delivery and monitoring of specific client exercise and rehabilitation programs in the completion of client foot health assessments.

Entry requirements

> Pre-requisite units of competency are:

HLTAP301A – Recognise healthy body systems in a health care context.

HLTCSD305B – Assist with client movement

HLTAH301A – Assist with an allied health program

Dates Wednesdays, 14 April-5 May 2010 (4 sessions) **or**

Wednesdays, 14 July-4 August 2010 (4 sessions)

Times 1pm-4pm

Cost \$139

First aid

Apply first aid

HLTFA301B*

Learn the knowledge and skills you need to carry out first aid for life-threatening injuries and illnesses in the home and workplace.

Dates Tuesday and Wednesday, 2-3 March 2010 (2 sessions) **or**

Wednesdays, 3-10 March 2010 (2 sessions) **or**

Saturdays, 15-22 May 2010 (2 sessions) **or**

Saturdays, 7-14 August 2010 (2 sessions) **or**

Wednesdays, 1-8 September 2010 (2 sessions) **or**

Fridays, 19-26 November 2010 (2 sessions)

Times 8.30am-5pm

Cost \$165

For further information or to enrol in any of these courses, contact Community Services and Health

Phone 02 6055 6506

Email csh@wodongatafe.edu.au

All courses will be conducted in Building B at the Wodonga TAFE campus

Advanced wilderness first aid (AWFA)

SRXFAD001A*, SRXFAD002A*, SRXEMR001A*, SRXOHS001B*

With four days of practice and content, you develop a solid grounding in patient assessment and cover the key topics in remote area/wilderness first aid. As part of the course, your performance during scenarios is critiqued to make sure that you understand basic principles. You graduate from this course assessed to a high level of competence. You will gain the confidence to handle accidents that happen in places that are difficult for paramedics to reach.

Dates Tuesday to Friday, 15-18 June 2010 (4 sessions)

Times 8am-5pm

Cost \$555



Leader's wilderness first aid (LWFA) upgrade

SRXFAD001A*, SRXFAD002A*, SRXFAD005A*, SRXEMR001A*, SRXOHS001B*

If you have completed a four-day AWFA in the last two years, you may use this qualification to upgrade to the LWFA (seven-day level) and enter the three-day re-certification cycle. The LWFA qualification is widely recognised in Australia by the outdoor recreation industry as the first aid standard for outdoor educators and instructors. If you are a leader who has a duty of care for groups that participate in outdoor activities, then this extensive first aid qualification will provide you with the skills you need to attend to incidents and give extended care if road access for an ambulance is not easy or prompt.

Dates Monday to Thursday, 21-24 June 2010 (4 sessions)

Times 8am-5pm

Cost \$555



* Courses marked with an asterisk (*) lead to an AQF qualification and/or a statement of attainment, and are GST-free.

Maximum cost may be affected by prior or concurrent enrolments. Enquire about concessions that may apply to you.

Occupational first aid (workplace level 3)

HLTFA402B*, HLTFA403A* and HLTFA404A*

This course provides you, the occupational first aider, with the more advanced knowledge and skills you need to carry out emergency first aid for injuries and illnesses in the workplace. It also provides information about state and federal legislation that applies to first aid in the workplace.

Entry requirements

- > You need a current senior first aid/workplace level 2 qualification.
- > Current industry standards require you to update your qualification in this course every three years, and the advanced resuscitation component of that every 12 months.

Dates Tuesday to Friday, 6-9 July 2010 (4 sessions)
Times 8.30am-5pm
Cost \$620

Perform cardiopulmonary resuscitation (CPR)

HLTCPR201A*

Learn the knowledge and skills you need to maintain breathing and circulation in an adult or child following that person's cardiac arrest.

Dates Saturday 6 March 2010 (1 session) **or**
Saturday 5 June 2010 (1 session) **or**
Friday 3 September 2010 (1 session) **or**
Friday 3 December 2010 (1 session)

Times 9am-1pm
Cost \$70

Anaphylaxis management

21659VIC*

Learn the essential skills and underpinning knowledge you need to help a person who is having a severe allergic reaction and anaphylaxis, until medical assistance is available.

Dates Wednesday 12 May 2010 (1 session) **or**
Wednesday 8 September 2010 (1 session)

Times 6pm-9pm
Cost \$70



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Health

Complex care

HLTEN505A*

This course is a unit from the Diploma of Nursing (HLT51607). Learn the knowledge, skills, and attitudes you need to provide nursing care for clients who have complex needs. This enables you to assess and perform various skills including nasogastric insertion, indwelling catheter insertion, venepuncture, and cardiac, respiratory, and abdominal assessments.

Entry requirement

- > You must be a registered Division 1 or a medications-endorsed Division 2 nurse who is currently employed in the health industry.

Dates Monday to Wednesday, 15-17 February, then Wednesdays to 21 April 2010 (10 sessions) **or**
Monday to Wednesday, 17-19 May, then Wednesdays to 21 July 2010 (10 sessions)

Times 9am-5pm
Cost \$963

Medication administration

HLTAP501A* and HLTEN507A*

This course is a unit from the Diploma of Nursing (HLT51607). Gain an underpinning knowledge of pharmacology and develop the nursing skills you need to administer enteral, topical, subcutaneous, and intramuscular medications within the scope of practice of a Division 2 nurse in Victoria.

If you successfully complete this course, you may register as a medications-endorsed Division 2 nurse with the Victorian Nurses Registration Board.

Limited places are available.

Entry requirements

- > You must be a registered Division 2 nurse in Victoria.
- > You must complete an anatomy and physiology refresher course if you are a Division 2 nurse who was trained pre-1995.
- > A two-week placement is also required in addition to theory.

Dates Tuesdays and Wednesdays, 27 July-23 November 2010 (21 sessions)

Times 9am-4pm
Cost \$2500

Mental health first aid

NA05MHFA

Mental health first aid is the initial help that you give to a person who is experiencing a mental health problem, before you look for professional help. Learn how to help people who are in mental health crisis situations and/or in the early stages of mental health problems.

Option 1

Dates Wednesdays, 3-24 March 2010 (4 sessions) **or**
Wednesdays, 2-23 June 2010 (4 sessions) **or**
Wednesdays, 4-25 August 2010 (4 sessions) **or**
Wednesdays, 6-27 October 2010 (4 sessions)

Times 6pm-9pm
Cost \$190

Option 2

Dates Saturday and Sunday, 20-21 March 2010 (2 sessions) **or**
Saturdays, 19-26 June 2010 (2 sessions) **or**
Saturday and Sunday, 28-29 August 2010 (2 sessions) **or**
Saturdays, 23-30 October 2010 (2 sessions)

Times 9am-4pm
Cost \$190

* Courses marked with an asterisk (*) lead to an AQF qualification and/or a statement of attainment, and are GST-free.

Maximum cost may be affected by prior or concurrent enrolments. Enquire about concessions that may apply to you.

Intravenous medications

HLTEN519A*

This course is a unit from the Diploma of Nursing (HLT51607) and is for currently registered Division 2 nurses with medications endorsement who want to extend their scope of practice to include the administration of intravenous medications within defined limits. Learn the skills and knowledge you need to administer and monitor intravenous medications and their effectiveness for clients in the nursing context.

Limited places are available.

Entry requirements

> You must be a registered, medications-endorsed Division 2 nurse in Victoria.

> You must have successfully completed **Medication administration** (HLTAP501A and HLTEN507A), **Infection control** (HLTIN301A) and **Complex care** (HLTEN505A).

> A one-week placement is required in addition to theory.

Dates Thursdays, 11 March-28 May 2010 (9 sessions) **or**
Thursdays, 21 October-17 December 2010 (9 sessions)

Times 9am-5pm

Cost \$2000

Maternity nursing

HLTEN520A*

This course is a unit from the Diploma of Nursing (HLT51607). Learn the knowledge and skills you need as a registered Division 2 nurse to provide care to mothers and babies in a range of settings, such as postnatal, low-risk nursery, child and family health, and paediatric.

Entry requirement

> You must be a registered Division 2 nurse in Victoria.

Dates Fridays, 9-23 April 2010 (3 sessions)

Times 9am-4pm

Cost \$350



Medical terminology

HLTCOM408B*

Learn a basic medical and nursing vocabulary of commonly used medical terms. This course is suited to people who are working in the healthcare industry and to prospective nursing, allied health, or paramedical students.

Note This course is available on campus or through distance education. You can begin your studies through distance education mode at any time.

Dates Tuesdays, 13 April-25 May 2010 (7 sessions) **or**
Mondays, 5 October-23 November 2010 (7 sessions)

Times 6pm-9pm

Cost \$190

Rehabilitation

HLTEN602A*

This course is a unit from the Advanced Diploma of Nursing (HLT61107). Working as part of the multi-disciplinary healthcare team that cares for clients who require rehabilitation, learn how to clarify the impact of rehabilitation on the client and/or his/her family. You will also learn how to contribute to and implement the appropriate care plan/s, and help to evaluate the outcomes of planned nursing actions for the client who has a dysfunction.

Entry requirement

> You must be a registered Division 2 nurse in Victoria.

Dates Thursdays, 22 April-22 July (14 sessions)

Times 6pm-9pm

Cost \$350

Pathology collection

HLTPAT305B*, HLTPAT306B* and HLTPAT308B*

Learn the skills and knowledge you need to work effectively in a pathology and specimen collection environment, including how to identify and respond to the clinical risks that are associated with pathology specimen collection. You also learn how to perform routine blood collections for a defined client group.

Entry requirement

> These competencies cover workers who undertake the collection of blood and other pathology specimens under supervision.

Dates Tuesdays and Thursdays, 4 May-17 June 2010 (14 sessions)

Times 6pm-9pm

Cost \$385

First line emergency nursing

HLTEN620A*

This course is a unit from the Advanced Diploma of Nursing (HLT61107). Learn the skills and knowledge you need as a registered Division 1 or Division 2 nurse to perform nursing interventions that assist clients who require emergency health care.

Entry requirements

> You must be a registered Division 1 or Division 2 nurse.

> You must be currently employed in the health industry.

Dates Mondays, 2 August-13 September 2010 (7 sessions)

Times 6pm-9pm

Cost \$375

Coming in Semester 2 2010

**Diploma of Nursing (HLT51607*) -
Bridging course** units from HLT51607*

Perioperative nursing

HLTEN612A*

This course is a unit from the Advanced Diploma of Nursing (HLT61107). Learn the skills and knowledge you need to apply the principles of perioperative nursing care, building on existing skills to enable you, the enrolled nurse, to provide holistic nursing care. Enrolled nurses use a range of complex nursing interventions to help clients and their significant others to reach and maintain optimal health.

Entry requirements

- > You must be a registered Division 1 or Division 2 nurse.
- > You must be currently employed in the health industry.
- > You must be able to access placement.

Dates Thursdays, 19 August-2 December (14 sessions)

Times 6pm-9pm

Cost \$381

Massage

Basic massage

NA06BM

This is a great starting point if you are considering massage as a profession or just want to learn some massage techniques. Learn theory and practical techniques for back or body massage. We look at hygiene, infection control, draping, and basic massage techniques.

Date Saturday 20 November 2010 (1 session)

Times 9am-5pm

Cost \$100

Sports massage

NA05SM1

Sports massage is a basic massage course that gives you an understanding of key sports massage principles and theories. Specific massage techniques and their application in the sporting context will be explained. Subject matter surrounding the delayed onset of muscle soreness (DOMS), pre- and post-event, and training treatment will also be a focus in this course.

Option 1

Date Saturday 20 March 2010 (1 session)

Times 9am-4pm

Cost \$100

Option 2

Date Mondays, 3-10 May 2010 (2 sessions)

Times 5.30pm-8.30pm

Cost \$100



OHS

Refresher for health and safety representatives – identification and control of hazards

NA08REFOHS

Learn how to deal with the requirements of the *Occupational Health and Safety Act 2004*.

Note This course is approved by WorkSafe Victoria. Under Section 67 of the Act, an employer is obligated to allow health and safety representatives to attend courses that are approved by WorkSafe Victoria.

Date Monday 22 March 2010
(1 session) **or**
Monday 6 September 2010
(1 session) **or**
Monday 25 October 2010
(1 session)

Times 9am-5pm

Cost \$225 (includes lunch, participant's manual, and certificate)



Initial five-day OHS course for health and safety representatives, supervisors, and managers

NA07OHS5D

This five-day practical, skills-oriented course provides health and safety representatives and supervisors with the skills and knowledge they need to complement their roles in the workplace. Learn how to deal with the requirements of the *Occupational Health and Safety Act 2004* and develop the skills you need to carry out your representative role. You also learn how to communicate effectively and resolve conflict in the workplace with regard to health and safety issues.

Note This course is approved by WorkSafe Victoria. Under Section 67 of the Act, an employer is obligated to allow health and safety representatives to attend courses that are approved by WorkSafe Victoria.

Dates Mondays, 3-31 May 2010 (5 sessions) **or**
Mondays, 2-30 August 2010 (5 sessions) **or**
Mondays, 8-29 November **and** 6 December 2010
(5 sessions)

Times 9am-5pm

Cost \$695 (includes lunches, participant's manual, and certificate)



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